

Swim Wales National Championships 2025 - 24/04/2025 to 27/04/2025

Results - Session 11 (Warmup 11.25 - 11.55)

Event 425 Women 12-13 400 LC Meter IM

Name		Age	Team	Prelim Time	
Preliminaries					
1	Lewis, Harriet	13	Co Cardiff	5:36.64	
	34.85	41.70	41.52	42.12	
	47.11	47.58	41.25	40.51	
2	Mellor, Medi	13	Nofio Bangor	5:49.28	
	36.53	42.01	46.37	44.99	
	50.35	50.76	40.44	37.83	
3	Davies, Macy	13	Torfaen D	5:49.30	
	36.18	43.74	45.51	43.81	
	51.50	52.45	39.54	36.57	
4	Lee, Seol Lucy	13	Co Cardiff	5:55.34	
	37.51	42.85	47.28	48.68	
	49.07	50.35	40.60	39.00	
5	Chauhan, Amber	13	Nofio Bangor	5:56.80	
	37.16	46.04	44.49	44.43	
	52.64	52.50	40.46	39.08	
6	Gray-Thomas, Jessica	12	Conwy	5:59.12	
	37.31	43.78	44.82	44.39	
	55.26	55.43	39.92	38.21	
7	Roberts, Connie-Rae	12	Co Newport	6:05.47	
	39.58	45.82	46.64	47.52	
	54.15	52.95	40.12	38.69	
8	Davies, Elizabeth	12	Pembs Cty	6:05.62	
	38.90	46.38	44.74	46.27	
	54.61	55.13	41.08	38.51	
9	Parry, Abigail	12	Nofio S Gar	6:07.55	
	39.98	47.39	48.83	47.46	
	48.11	50.89	43.91	40.98	
10	Lewis, Evie	12	Pembs Cty	6:08.71	
	39.26	44.60	48.02	48.37	
	54.05	52.53	41.20	40.68	